

FLIP FLOP FEST

5K FUN RUN/WALK

August 31, 2019

REGISTRATION FORM

Start Location: Bay Front Entrance

Route: Main Street to Bauer Community Center and return

Check In Time: 7:00 am

Race Start Time: 7:30 am

Entry Fee: \$20 for Adults \$15 for children

Awards: Male & Female Divisions
Age Divisions 12&Under, 13-19, 20-29, 30-39, 40-49, 50&Up

Name: _____

Address: _____

City, State, Zip: _____

Phone: _____

Emergency Contact: _____ Phone: _____

Age (circle one): 12&under 13-19 20-29 30-39 40-49 50&up

Gender (circle one): Male Female

Shirt Size (circle one): Adult S M L XL 2XL

 Youth S M L

I hereby assume all risks and hazards incident to my participation in all CALHOUN COUNTY YMCA programs and facilities. I further waive, release, absolve, indemnify and agree to hold harmless the YMCA, the organizers, volunteers, supervisors, officers, participants, instructors, coaches, and referees from claims arising out of injury sustained during my participation in any YMCA activity whether located on YMCA property or not.

Signature _____

Date _____